



Planning for Seacamp Frequently Asked Questions

Parent Camper Information Packet

2025 Session Dates

Two week sessions

1st Session

June 25-July 9

2nd Session

July 12-July 26

One week sessions

3rd Session

July 29 - August 3

4th Session

August 4 - August 9

What To Bring

Bring enough clothes and linens to last the entire session. It will not be necessary, however, to bring a set of clothing for each day since most days are spent in bathing suits and T-shirts. Shorts and shirts are only worn for a few hours in the evenings, so they can be worn more than once. Underwear and socks can be hand washed and dried (only hand-washing facilities for

clothes are available at camp).

Please put your child's name on every item that is brought to camp. Personal belongings must fit into 2 suitcases or duffel bags. It is easier for campers to keep up with their luggage at the airport if it has wheels.



Essential Items Checklist

- | | | |
|---|---|--|
| <input type="checkbox"/> SHIRTS FOR DAILY WEAR | <input type="checkbox"/> 2-3 PAIR LIGHT PAJAMAS | <input type="checkbox"/> 2-3 TWIN SIZE SHEETS |
| <input type="checkbox"/> SHORTS FOR DAILY WEAR | <input type="checkbox"/> TOILETRY ARTICLES | <input type="checkbox"/> PILLOW & PILLOW CASES |
| <input type="checkbox"/> 1 PAIR WADING SHOES*
(NOT CROCS) | <input type="checkbox"/> SUNSCREEN (REEF SAFE
& NON AEROSOL) | <input type="checkbox"/> DIVE MASK, SNORKEL, FINS &
GEAR BAG* |
| <input type="checkbox"/> LONG SLEEVE SHIRT | <input type="checkbox"/> 2-4 TOWELS | <input type="checkbox"/> WATER BOTTLE* |
| <input type="checkbox"/> 2-4 SWIM SUITS | <input type="checkbox"/> LAUNDRY BAG | <input type="checkbox"/> 2-4 UV SHIRTS/RASH GUARDS* |
| <input type="checkbox"/> UNDERWEAR | <input type="checkbox"/> RAIN JACKET/PONCHO | <input type="checkbox"/> BUFF/NECK GAITER* |
| <input type="checkbox"/> SOCKS | <input type="checkbox"/> SUNHAT* | <input type="checkbox"/> PENCIL, PEN, PAPER |
| <input type="checkbox"/> 1 PAIR SNEAKERS | <input type="checkbox"/> SUNGLASSES* | <input type="checkbox"/> FLASHLIGHT & EXTRA BATT. |
| <input type="checkbox"/> 1 PR. SANDALS/FLIPFLOPS | <input type="checkbox"/> SOAP & SHAMPOO | <input type="checkbox"/> INSECT REPELLENT |
| <input type="checkbox"/> 1 PR. LIGHTWEIGHT PANTS
& LONG SLEEVE SHIRT FOR
BUG PROTECTION | <input type="checkbox"/> DIVE TABLE, LOG BOOK,
SLATE (SCUBA ONLY)* | |

*Required Snorkel Gear, dive table, log book, slate, wading shoes, sun protection and water bottles can all be purchased at the Ship's Store.

Optional Items

- | | |
|---|--|
| <input type="checkbox"/> BOX FAN OR CLIP-ON 6" ELECTRIC FAN AND
8' UL/ETL RATED EXTENSION CORD | <input type="checkbox"/> FISHING ROD AND TACKLE,
(WILL ALSO NEED CLOSED TOED SHOES) |
| <input type="checkbox"/> WHITE T-SHIRT TO TIE-DYE/FISH PRINT | <input type="checkbox"/> CAMERA (DISPOSABLE) |
| <input type="checkbox"/> 1 NICE OUTFIT (FOR DANCES AND LUAU) | <input type="checkbox"/> MUSICAL INSTRUMENTS |
| <input type="checkbox"/> EAR DROPS | <input type="checkbox"/> CLIPBOARD |
| <input type="checkbox"/> CELL PHONE | <input type="checkbox"/> COSTUMES FOR DANCES/EVENTS |
| <input type="checkbox"/> HAND SANITIZER | (WE WILL BE IN TOUCH WITH SPECIFICS FOR YOUR SESSION!) |

Items Not Allowed

- | | |
|--|--|
| <ul style="list-style-type: none">• PETS• FIREWORKS• KNIVES (EXCEPT BLUNT POINT DIVING KNIVES)• DRONES• CASH | <ul style="list-style-type: none">- BLUETOOTH/AUX SPEAKERS• WEAPONS• LAPTOP COMPUTERS/ TABLETS• AEROSOL SPRAY SUNSCREEN |
|--|--|

Please note that Seacamp's dorm rooms are not air conditioned. While oscillating fans are provided in the rooms, we find that having a personal fan helps campers and staff be more comfortable.

Campers spend the majority of their time outside. Our science-packed days and ocean breezes also help to make sleeping more comfortable.



Transportation Information

Please print, complete and return your
Transportation Form.

Driving to Seacamp

Arrival Day

(June 25, July 12, July 29, August 4)

Plan to arrive between 2:00pm and 5:00pm.

Departure Day

(July 9, July 26, August 3, August 9)

Plan to pick up your camper after 10:30am and before 2:30pm

Arrival and Departure Day Information For Car Arrivals

Upon your arrival at camp, one adult per camp family will visit the Check-in Office to complete any required paperwork. In order to maintain a safe environment at camp itself, we ask that all others stay with their vehicle at all times, including to say goodbye to the camper. Upon completion of Check-in, a staff member will help gather luggage and walk campers to their cabin to begin the session! Parents and other visitors will not be allowed to enter the dorm rooms or Health Center. Campers will then complete the Arrival Day rotation with a the Counselor. We appreciate your cooperation for the health and safety of our campers and staff.

Meeting Seacamp at the Miami Airport Chartered Bus to Seacamp

Arrival Day

(June 25, July 12, July 29, August 4)

- Be at the airport no later than 12:00pm on arrival day, and eat lunch before you check in with our staff.

Meet the Seacamp staff next to the Havana Collection clothing store between doors 13 & 14 (Upper level—Concourse E).

- Once checked in, the campers are expected to stay with the group

Departure Day

(July 9, July 26, August 3, August 9)

- Campers arrive at the airport around 3:00pm on departure day.

The person picking the camper up must be at least 25 years old. If someone other than a parent is picking up the camper, please specify the name and relationship of the person on our transportation forms. When a camper is picked up by another camper's family, we need written consent from both you and the other family. Please have your ID available

Flights Into Miami Chartered Bus to Seacamp

Arrival Day

(June 25, July 12, July 29, August 4)

Flight arrival times must be on arrival day between 9:00am and 1:00pm.

Departure Day

(July 9, July 26, August 3, August 9)

Flight departure times must be on departure day between 3:00pm and 7:00pm.

If you cannot meet the Miami airport arrival or departure times, please feel free to contact the Seacamp office for options and fees at (305) 872-2331. Any special arrangements made for transportation from or to our local airports will carry a fee in addition to the fee charged for bus transportation from and to the Miami International



Health Center and Packing Medications

About our Health Form

Our six (6) page Health Form and six (6) page SCUBA Medical Form are included as separate sections.

- 1) All campers must complete the Health History section (pgs. 1-4).
- 2) All campers must take both the Health History (pgs. 1-4) and the Medical Recommendations section (pg. 5) to a licensed health care provider for review, completion, and signature. **The physical must be completed within 12 months of attending camp.**
- 3) All campers and parents/guardians must complete and sign our HIPAA form. (pg. 6)
- 4) All campers participating in SCUBA must take the SCUBA Medical Form to a licensed health care provider for review, completion, and signature.
- 5) The Seacamp Health Form and SCUBA Medical Form must be signed by a Doctor of Medicine (M.D.), a Doctor of Osteopathic Medicine (D.O.), a Nurse Practitioner (ARNP), or a Physician's Assistant (PA-C). No other medical personal will be accepted. These forms may not be signed by a camper's family member and must be signed by a third party.

Health Form(s) Completion

WE CANNOT STRESS ENOUGH THE IMPORTANCE OF HAVING HEALTH FORMS COMPLETED AND RETURNED NO LATER THAN 3 WEEKS PRIOR TO CAMP.

Campers will not be allowed to participate in the camp program until health forms are received fully completed and signed. **All Health forms must have both parent/guardian signatures.** Otherwise, the forms will be returned to you.

If forms are incomplete, missing signatures, or not on file opening day, your camper will not be able to participate in camp programs until the issue is resolved. If the immunizations that are starred (*) on page 2 of the *Health Form* section

are not current, the camper will be taken to a doctor at their expense and at a loss of program time.

The *SCUBA Medical Form* must be signed by both parents/guardians and the camper. This form is required for all campers participating in SCUBA Diving.

Health Center Check-In & Medications

The day of arrival at Seacamp, each camper is checked-in through the Health Center. At that time, all medications must be turned in. They will be dispensed to the campers during regular Health Center hours. For the protection of the campers, it is required that any medications brought to camp be accompanied by the *Health History and Medical Recommendations forms*, completed and signed by the parent/guardian, camper, and physician.

Please note the following guidelines:

1. All prescription medications must be in original containers.
2. All prescription medications must be clearly labeled with the camper's name, the name and strength of the drug, and the prescribed dosage.
3. Non-prescription medications must be in their original packages.

If your pharmacy is able to provide Dose Packaging, that can be helpful to our Health Center staff for dispensing medications.

All medications being taken by the camper must be listed on:

1. *The Health History Section (p.3) and*
2. *Medical Recommendations form (p.5)*

AND the medication list must be the same on

each form. If any medications are being prescribed by a physician other than the physician completing the *Medical Recommendations*, they must be included on the form and reviewed by the physician completing the health forms.

Any medications not labeled as above and not listed on the health forms will not be dispensed to the camper. Please bring enough to last the session(s) and no more. If the prescribing physician is not your family physician, please make sure that the medications are listed on the camp *Health History, and Medical Recommendations*.

The Health Center stocks a selection of over-the-counter medications. Among these are a variety of pain relievers, seasickness preventatives, antacids, decongestants and cold medications. (Please review the *Health History form* for a sample list of these medications.) Dosages are administered by the health center staff according to the directions on the bottle unless otherwise directed by the camp physician. It is not necessary to bring these types of medications to camp, and we ask that you leave such medications, as well as first aid supplies (Band-Aids, hydrogen peroxide, etc.) at home.

Medications are dispensed at the Health Center. Each camper is responsible for taking their medication at the scheduled times each day. It is the camper's responsibility to go to the Health Center at